



www.waltonccc.org

# Cyber Chat

"A computer user group newsletter"

Volume 8 Issue 8

DeFuniak Springs, FL 32435

August 2006

## General Meeting

Sept. 16

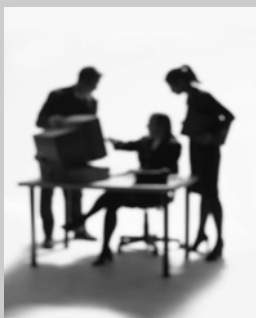
Okaloosa-Walton  
College

Chautauqua Center

Room 201

(computer lab—bldg 2)

DeFuniak Springs, FL



## Special

### Interest Groups

#### Genealogy

Meetings suspended for

August

New startup genealogy group  
for beginners and experienced

Gay Russ—SIG Leader

## Outlook Express

## Deleted Messages

Central Coast Computer Club  
Santa Maria, California  
Systems S.I.G.  
by Dick Trissel

The question came up at the May S.I.G. on how to completely delete messages in Outlook Express. The procedure is slightly different depending on the version of Outlook Express, because Outlook Express 6 (Windows XP) is so much different than Outlook Express 5 (Windows 98).

Basically, when you delete a message, it goes into the Deleted Folder where it can still be read with Outlook Express. When you delete a message in the Deleted Folder, it can no longer be read with Outlook Express, but it is still readable if you know how and where, and it still takes up disk space. If you Compact the Deleted Folder (or any Outlook Express folder), that space is now available to the operating system and will eventually get written over.

### Windows XP

The following is a quote from the book Windows XP Inside/Out: *Maintaining Outlook Express In Windows XP*

(See Outlook Express—page 4)

### Inside This Issue

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DON  
EDRINGTON

## PC Don

## The Senior

## Tutor

### Prepare to Be Amazed

Just when you think there's nothing left on the Web you haven't already seen or heard, you find something that literally knocks your socks off. **Pandora.com** is an online music service that lets users create their own genre-based radio stations. You start by naming a favorite song or artist, whereupon a relevant selection will begin playing. You are asked to give your station a name, along with being invited to say you do or don't like the piece being played.

You are then invited to add names of other songs or artists at any time. Once you've approved two or three selections, the service begins looking for similar music by other performers, puts them on the Play List, and continues to ask for your yes or no on each one.

I went to the site assuming it was for younger users who would be choosing the latest rock hits, but was surprised by the breadth of its repertoire.

(See PC Don—page 6)

## NOTICE

# NO MEETING IN AUGUST

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The principle of equal access/equal opportunity for everyone is practiced.

The primary purpose is to assist our members and others to become more proficient in the use of a computer for their personal enjoyment. We serve through promotion of computer literacy and education by being actively involved in the community.

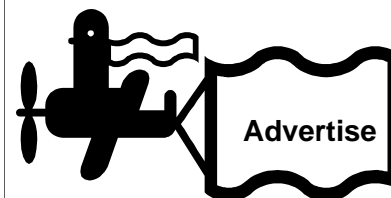
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Ernest "Sonny" Hollingsworth

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Email: sonnyh@defuniak.com



**Publishing information:** Articles submitted for publication should be in Microsoft Word or regular ASCII text and unformatted. Photos with article are encouraged.

**Presenters/Writers:** Members are encouraged to volunteer and present a program on software or hardware. Vendors will provide presentations-in-a-box, and publishers will provide books for review. Whatever is presented becomes the property of the presenter. Make your interest known and share. You will be surprised at what all is available to demonstrate.

**Cyber Chat:** This newsletter is prepared using Microsoft Publisher 2003, a homebrew 3.2 MHz PC, Canon ip4000 printer and Canoscan 8400f.

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**J. B. Hillard 892-3450 / 892-8100**

# Boot n' Reboot

by J. B. Hillard—President



I though it would be nice having the summer off. Fat change for me! There was no slowdown but at least the club meetings were suspended. That helped.

We will start meeting again in September .

October promises to be a full month with the regular meeting, three special SIG's on Puppy Linux, and the first mini-computer expo in Niceville. It will be cooling off by then so hope everyone's energy will be increased to a good participation level.

Also, we will be moving into election time for local, state, and national political offices. Not to be outdone the CCC will be gearing up as well. Around October we will be looking for club office holders to step up to the plate. We really do need some new ideas so everyone should please consider making a contribution by volunteering in some form. That can be as an officer or as a volunteer for many other activities we need to be doing.

We organized in the Fall of 1998, Except for the first year or so I have been the newsletter editor. I still get complements on it, but in reality I think it needs a new direction with a new editor. It doesn't have to be in the current format. Whatever a new editor can produce is what it will be. **December will be my last issue as Editor.**

There will be a Board of Directors meeting on August 16, 10 AM, at the OWC Chautauqua Center. If you are available please plan to attend. We need to discuss some serious upcoming business.

Happy computing, JB

# Our Community

## Community Service Program "People Helping People"

For many years the Chautauqua Cyber Club has provided the community a computer literacy and learning service. Over the years we have conducted a number of computer courses open to the public or participated as instructors for PRIME TIME courses at Okaloosa-Walton College. Scores of computers have been placed in homes of underserved home-bound residents, elementary, middle school, and college students. Numerous non-profit organizations have received a refurbished computer from the club.



Individuals, business, educational and government agencies have been very generous in their donations of surplus equipment. In the early years individuals and local businesses made cash donations. Wal-Mart made a \$400 donation and some individual \$50 to \$200 donations came in. Now we support the operation with computer yard sales.

CCC members can help by keeping an eye and ear open for any opportunities around the community where a computer can be placed. The policy has been one of generosity in providing free computers to those deserving and in need.

Remember, help someone and you will feel better for having done so.

**Announcement**  
**Smart Computing Magazine**  
**User Group Relations**  
**Microsoft**  
**Oct. 7, 2006**  
**Okaloosa-Walton College**  
**Mini-Expo**

### Affiliated with



**Announcement**  
**Monthly meeting for August is suspended.**  
**Next meeting September 16**  
**Room 201**  
**OWC Chautauqua Center**

## Outlook Express—from page

If you use Outlook Express regularly for a period of months or years, you will undoubtedly accumulate a large store of messages. Eventually, the size of your message store will begin to slow the program down. To keep it performing nimbly, you need to clean out your folders periodically.

When you delete messages, Outlook Express moves them to the Deleted Items folder. This folder functions like the Windows Recycle Bin. It holds items in case you want to see them again. To delete items permanently, you need to take the separate step of deleting them from the Deleted Items folder. Outlook Express does this for you automatically when you quit—provided you have told it to do so. To set up this behavior, choose Tools, Options. On the Maintenance tab, select Empty Messages From The 'Deleted Items' Folder On Exit.

Simply deleting messages will not significantly reduce the size of your message store, however! When you delete a message, Outlook Express marks the item as deleted but does not remove it from the disk file in which the folder is stored. Thus, over time, you can accumulate a significant amount of wasted disk space. Under these circumstances, Outlook Express's performance will suffer, even though the apparent contents of your folders is relatively small.

To reclaim the wasted disk space, you have to take a second step, called compacting. You can set Outlook Express to do this for you automatically when the wasted space reaches some specified percentage of your overall message store. To do this, choose Tools, Options. On the Maintenance tab, select Compact Messages In The Background. Then specify a value in the box next to Percent Wasted Space.

If you prefer to compact on demand, rather than having the program do it for you, click Clean Up Now on the Maintenance tab of the Options dialog box. To compact all of your folders, specify Outlook Express in the Local File(s) For list in the Local File Clean Up dialog box. To compact a particular folder, click Browse and then select the folder. Editor's Note: You can also compact individual or selected folders by clicking on File, Folders, and choose Compact or Compact All.

### Windows 98

The following is a quote from the Windows 98 Secrets book: *Undeleting Deleted Messages In Windows 98*

If you delete an Outlook Express message, it goes to the Deleted Items folder. It's not exactly deleted--more like moved.

If you delete the message from the Deleted Items folder,

you'll no longer be able to find its header in any of your Outlook Express folders. This doesn't mean it's gone though. It's still there, somewhat intact in the Deleted Items folder. Specifically, it's still in the mailbox file called Deleted Items.mbx (.mbx for MailBoX).

If you compact the Deleted Items folder, it's history. If you have marked the Empty Messages from the 'Deleted Items' Folder on Exit check box in the General tab of the Tools, Options dialog box, Outlook Express compacts this folder and permanently deletes messages when you exit the program. You'll want to clear this check box if you want to be able to undelete deleted messages.

If you haven't compacted the deleted Items folder, you can quickly retrieve missing messages. Here's how:

Quit Outlook Express. But before you do, be sure to clear the Empty Messages from the 'Deleted Items' folder on Exit check box in the General tab of the Tools, Options dialog box, if you haven't already.

Delete the Deleted Items.idx (.idx for InDeX) file in \Program Files\Outlook Express\yourusername\Mail (or \Windows\Application Data\Outlook Express\yourusername\Mail.)

Restart Outlook Express. Click Deleted Items in the Folder List pane. You'll get an error message stating that the folder has been damaged and that it will now be repaired. Click OK. Outlook Express rebuilds the index from the mailbox file.

Your Deleted Items folder has been restored with the missing items back in it. Now you can delete again those messages that you really want to delete.

Deleted Items.mbx is for the most part a text file. (This is also true of the other mailbox files.) You can easily read it with Notepad or Wordpad. If you want to retrieve a piece of text from any of these files, just open it with either text editor.

You can use a manual method to compact the Deleted Items folder in addition to automatically compacting it with the Empty Messages from the 'Deleted Items' Folder on Exit option. Highlight the Deleted Items folder and choose File Folder, Compact.

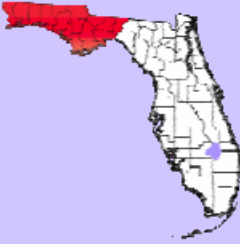
(See Outlook Express—page 6)

### Recycle old ink cartridges

**Turn in your old ink cartridge at next meeting and help protect the environment while earning money for the club**

## Northwest Florida Association of Computer User Groups

Northwest Florida  
16 counties



### Founding User Groups

Chautauqua Cyber Club, Inc.  
DeFuniak Springs

Computer Society of West  
Florida  
Pensacola

Emerald Coast Computer  
Society  
Fort Walton Beach

Prime Time Computer Club  
Niceville

South Walton Computer Club  
Santa Rosa Beach

Westwood Computer Club  
Fort Walton Beach

Founded July 13, 2006

Volume 1, Issue 1

### Computer User Groups Form New Association

Long talked about and now reality! Computer User Groups in Northwest Florida have come together and agreed to pursue an association with a focus on home computer users. Known as the Florida Panhandle, Northwest Florida consist of 16 counties from Franklin County just east of Tallahassee to Escambia County and Pensacola.

While boldly claiming we have arrived, there is a lot of work to do including local user group approval to become a member of the association.

In tandem with a special computer mini-expo on October 7 in Niceville, the founding user groups (including any yet to be identified in the region) will meet to begin work on the details.

Twenty-two representatives of the founding user groups met on July 13, 2006 at the Boat-

house Landing in Niceville and enjoyed a fine luncheon and getting acquainted with one another.

Several of the representatives were unfamiliar with the purpose of forming associations. The best to explain the purpose and benefits is to look at the Florida Associations of Computer User groups.

"Founded in 1993 to assist user groups in the performance of their managerial and educational activities, to promote communications among local user groups, and to facilitate relations between user groups and the computer industry."

See: [www.facug.org](http://www.facug.org)

This can easily be expanded upon to say travel distance is a deterrent to many who would like to co-mingle with other user groups and increase their

potential for new.

We will be co-hosting a very special computer mini-expo for home computers users on October 7 at Okaloosa-Walton College in Niceville. So far as we know this is the first every such opportunity for home computer users.

A communications network will be planned to keep everyone informed as we move ahead.

This is an opportunity to assist one another and promote computing for the home user. We will learn as we go. Help each other and enjoy the community of which we are a part.

Please thoroughly discuss the association within your group and plan now to attend the mini-expo in Niceville on Oct. 7.

Happy computing -

## Computer Mini-Expo

October 7, 2006 9:00 AM—3:00 PM

Bldg. K—Gallery

Okaloosa-Walton College

Presenters: Smart Computing Magazine -

User Group Relations -

Microsoft &

## Outlook Express—from page 4

### Corrupted Folders

It appears to be quite easy to corrupt one of your Outlook Express folders. If you get an error message complaining about your Outbox, Inbox, Deleted Items, or Sent Items folder, you're going to have to delete at least the folder (.mbx) and its accompanying index (.idx). Outlook Express will construct a new, clean, empty folder for you if it is one of the standard folders. (If the folder is one you created, you will have to create it again.)

First, exit Outlook Express. Use Windows Explorer to navigate to \Program Files\Outlook Express\your username\Mail (or \Windows\Application Data \Outlook Express\yourusername\Mail.) Delete the index file, which is the .idx file associated with the corrupted folder--for example, Outbox.idx. Restart Outlook Express.

If that doesn't work, delete the .mbx file--for example, Outbox.mbx. This will delete all the text of messages in your Outbox, so you'll have to recreate the messages as described in Undeleting Deleted Messages.

Submitted by Charlotte Semple

## PC Don—from page 1

I fancy a number of romantic country hits from the 1960s, so began by typing in "Ray Price" and "Patsy Cline." In short order I was hearing songs by Kris Kristofferson, Loretta Lynn, and many other artists from that era.

You are not limited to creating a single station. I'm also a fan of romantic Latino music, so I created another station by typing in "Julio Iglesias" and "Rocio Durcal," which prompted the site to feed me songs by Celia Cruz and the Trio Los Panchos.

The service only works with a high-speed connection and it lets you choose between a paid or a free subscription. The only difference is that ads are displayed on the free version. However, you really don't see the ads if you are busy multitasking on other projects in the foreground. The sound quality is awesome, and the music is non-stop with no commercials.

There is no easy way to copy the music being played, but CDs are available for purchase, as is a distribution system for having music in every room in your house.

### Inserting Text & an Image into a MSWord "Text Box"

Al Nuwer called to ask how to insert a "text box" containing both text and an image into an MSWord document.

First it's helpful to understand the function of an *MSWord Text Box*.

An image can be inserted into a Word file by clicking where you want the graphic to appear, and then by clicking **Insert>Picture>From File**, followed by browsing to the target picture. The image will then be treated just like any other alpha/numeric character, moving left or right with the deletion or addition of characters on either side. The picture can NOT be moved manually, nor can text be made to flow around it.

To accomplish these tasks, a Text Box is needed, which can be moved at will. Any text or image inside the Box will move with it.

In MSWord (version 2000 and earlier) when you click **Insert>Text Box** your cursor will change to a small cross, with which you can draw a rectangle of approximately the size and shape of the graphic which will be placed inside it. The exact shape and location of the Text Box is unimportant, since it can be reshaped and/or moved at will.

In WordXP, and later, clicking **Insert>Text Box** will create a large "canvas" that says, *"Create your drawing here."*

Well, drawing on this canvas will be explained at another time. For now, clicking outside of the canvas will remove it and cause a small, square Text Box to replace it.

Once you have a Text Box, you can click inside it and then go to **Insert>Picture**. When the picture appears inside the Text Box, it may or may not fit properly. However, both the Text Box and its picture can be resized by grabbing any edge or corner and adjusting as needed.

Well, Al had gotten this far without a problem, but said he could find no way to type anything into the Text Box. This can be done by clicking the picture, and then clicking the *Center* button on the Word Toolbar. With the Picture horizontally centered, your cursor can be placed to its upper left corner or to its lower right corner, whereupon you can begin typing.

Typing in the upper left corner will push the image to the right and down as far as needed to make room for the text. To type below the picture, click the lower right, press **Enter** and start typing. To make typing flow around the picture, click it and then click **Format>Picture>Layout**. Or - you could click the Text Layout button on the Format Picture Toolbar that appears.

An even easier way to flow text around a picture is to do the typing in the Text Box before using the *Insert>Picture* steps. Then place your cursor in the text and insert the image. Also, clicking the box and doing **Format>Text Box** will give more layout options.



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(Membership is based on full 12 months: Join this month and renewal is same month next year)

Chautauqua Cyber Club, Inc.  
P. O. Box 251, DeFuniak Springs, FL 32435

CHAUTAUQUA CYBER CLUB, INC.

P. O. BOX 251

DEFUNIAK SPRINGS, FL. 32435

Membership renewal:

It's time to renew if the  
date on your mail label  
is August 06 or before

## Announcement

**"Puppy Linux" SIG with  
Tommie Gipson as  
instructor.**

**Oct. 3, 10, 17 – 6PM**

**computers for each  
participant will be  
provided for installing  
"puppy linux"**

**Registration will be  
required - Limit 6**

**Next Meeting—Sept 16 2006**

**10:00 AM—Room 201**

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